

Supplementation Suggestion for : Mohammed Banat

c = Capsules m = Milliliters s = Sprays d = Drops

Supplement Name	Total Day	Bkfst	Lunch	Dinner	First in AM	Bedtime	Before Meals	Empty Stomach	Body System to Nutritionally Support	Company
Fatty Acid Assist	3 c	1	1	1					Supports the Digestion & Transport of Fats	PHP
<i>Comments:</i>		Take 1 Capsule per meal								
Glutamate Scavenger II	3 c	1				2			Supports the Reduction of Glutamate	PHP
<i>Comments:</i>		Take 1 in Am and 2 at bedtime								
H2 Infuz (Drop in water and drink quickly)	1 c								Anti-oxidant Support	Functional Genomic Nutrition
NMN	1 c								NDPH Support	Functional Genomic Nutrition
<i>Comments:</i>		Start 20 days after others								
Peroxy-Blox	2 c								Supports Healthy Peroxynitrite Levels	Functional Genomic Nutrition
<i>Comments:</i>		Start with 2 caps daily. Increase to 3 and then 4 over several weeks if not detoxing too fast								

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I understand that these nutritional recommendations are for nutritional support and are not designed to treat any disease or medical condition.

Signature _____

Date _____

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